

PATIENT SCHEDULING AND BILLING INFORMATION:

(Scheduling your appointments and using your time effectively)

Appointments are scheduled according to the amount of time and frequency of visit that you or the doctor expect that you will need. **HOWEVER, THE FEE FOR YOUR VISIT WILL BE CHARGED BASED ON THE ACTUAL LENGTH AND COMPLEXITY OF YOUR VISIT, NOT THE ESTIMATE MADE IN ADVANCE.**

To ensure that all of your questions are handled during your visits, and to assist us in remaining on schedule, please:

1. Schedule your visits for adequate length.
2. Try to list and organize your questions prior to the visit so that you can get through all of them during your scheduled appointment.
3. Begin your session by letting the doctor know that you have questions and what you expect to cover during your visit. This way, the doctor can best structure the scheduled time and try to keep your session at the scheduled length.
4. Bring a **NOTEPAD** and/or **CASSETTE RECORDER** with you to record your sessions. So much of your success with a nutritional program depends on your learning new concepts and forming new habits. Even more so than in traditional medicine, your education and active participation are absolutely essential. Tape your sessions and listen to them several times until you feel you understand them. If listening to them generates new questions, please write them down to ask during your next visit. **THE MEDICINE OF THE FUTURE REQUIRES A TEAM EFFORT BETWEEN YOU AND YOUR DOCTOR.**

TYPICAL LENGTH OF AN OFFICE VISIT:

- A brief visit in this office may last up to 10 minutes.
- A standard follow up-visit may last from 15-25 minutes.
- An extended visit may last from 25-40 minutes.
- An initial (New Patient) Consultation may last up to 55 minutes.
- An initial lab review/structuring of basic program visit or a comprehensive follow-up may last up to 50 minutes.

